



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore

SVISSHA

M. Sc- Applied Psychology

SUBJECT CODE	CATEGORY	SUBJECT NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		T h	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MScAPSY 301	Compulsory	Applied Cognitive Psychology	60	20	20	30	20	4	0	2	5

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;
Q/A – Quiz/Assignment/Attendance, MST Mid Sem Test

Course Educational Objectives (CEOs): The students will be able to:

- Facilitate the learning of traditional and emergent fields of cognitive neuropsychology.
- Understand-brain-behavior relationship in day to day life
- Explore the practical implications of cognitive processes in human performance.

Course Educational Objectives (CEOs): The students will be able to:

- Develop historical cognitive psychology.
- Organize the basic cognitive functions from an information processing perspective.
- Understand people' behavior in selected areas such as risk assessment, environmental behavior, clinical dysfunction or therapeutic intervention in relevance of higher cognitive processes .

**MScAPSY-301
Applied Cognitive Psychology**

UNIT I

Introduction to applied cognitive psychology: Philosophical antecedents, Emergence of Cognitive psychology. Approaches and key issues.

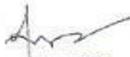
UNIT II

Cognitive neuroscience: Organization of Nervous system: Cognition in the Brain. Sensation to representation. Theoretical approaches to perception, Deficits in perception. Attention and consciousness, Memory: Models, Processes, Practical Applications of Cognitive Psychology in improving memory processes, Representations and manipulation of Knowledge in: Images and Propositions: Spatial cognition and Cognitive Map.

UNIT III

Language: Nature and Acquisition: Bilingualism and Multilingualism Reading: Bottom-up and Top-down processes, Comprehension, Neuropsychology of Language.


 Chairperson
 Board of Studies
 Shri Vaishnav Vidyapeeth Vishwavidyalaya
 Indore.


 Joint Registrar
 Shri Vaishnav Vidyapeeth Vishwavidyalaya
 Indore.



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
SVISSHA
M. Sc- Applied Psychology

UNIT IV

Problem-solving and Creativity: Practical applications of cognitive psychology. Decision-making and reasoning: Deductive reasoning and inductive reasoning.

UNIT V

Human and artificial intelligence: Information possessing and intelligence, alternative approaches to Intelligence. Computer simulation, improving intelligence.

List of practical:

- Problem-Solving Ability Test
- Passi-Usha Test Of Creative Problem Solving
- Cognitive Style Inventory
- Span Of Attention
- Concept Formation
- Koh's Block Design Test

Recommended Readings

- Arnold P. Goldstein, & L. Krasner,(1987). **Modern Applied Psychology**. Elsevier Science Ltd.
- Durso, F. T. (2007). **Handbook of Applied Cognition** (2nd Ed). New West Sussex : Wiley & Sons.
- Esgate, A. et al. (2005). **An Introduction to Applied Cognitive Psychology**. Psychology Press: New York.
- Sternberg, R. J. (Ed.) (2000). **Handbook of intelligence**. New York: Cambridge University Press.
- Sternberg, R. J. (2009). **Applied Cognitive Psychology: Perceiving Learning and Remembering**. Australia: Cengage Learning.



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
SVISSHA
M. Sc- Applied Psychology

SUBJECT CODE	CATEGORY	SUBJECT NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		T _h	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MScAPSY 302	Compulsory	Community Psychology	60	20	20	0	0	3	1	0	4

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;
 Q/A – Quiz/Assignment/Attendance, MST Mid Sem Test

Course Educational Objectives (CEOs): The students will be able to:

- Acquaint the students about the history & present status of community mental health services.
- Develop a community based orientation towards mental health.

Course Educational Objectives (CEOs): The students will be able to:

- Explain the roles of community psychologists
- Provide students with knowledge of concepts and theories in the field of community psychology
- Help students with the understanding of historical trends in community psychology.
- Stimulate discussions about the application of Indian community development & change and the socio-cultural realities.

MScAPSY302
Community Psychology

Unit I

Historical and social contexts of community psychology: concept, evolution and nature of community mental health.

Unit II

Models of mental health services: mental, social, organizational and ecological.

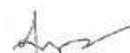
Unit III

Community mental health intervention and community based rehabilitation (CBR): Issues, principles and programmes; evaluation of CBR; training the Para-professional and non-professionals.

Unit IV

Community mental health in India: Issues & challenges.


 Chairperson
 Board of Studies
 Shri Vaishnav Vidyapeeth Vishwavidyalaya
 Indore.


 Joint Registrar
 Shri Vaishnav Vidyapeeth Vishwavidyalaya
 Indore.



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
SVISSHA
M. Sc- Applied Psychology

Unit V

Critical vision of Community Psychology, Complexity and Social Justice, Political Education and Awareness, Cultures and Communities

Recommended Readings:

- Bloom, B. (1973). *Community Mental Health—A critical analysis*. New Jersey: General Learning Press
- Koch, C.H.(ed.) (1986). *Community Clinical Psychology*. London: Croon Helm.
- Mann, P.A. (1978). *Community Psychology: Concepts and Application*. New York: The Free Press.
- Rappaport, J. (1977). *Community Psychology: Values, Research and Action*. New York: Holt, Reindhart and Winston.


Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth Vishwavidyalaya
Indore.


Joint Registrar
Shri Vaishnav Vidyapeeth Vishwavidyalaya
Indore.



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
SVISSHA
M. Sc- Applied Psychology

SUBJECT CODE	CATEGORY	SUBJECT NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		T h	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MScAPSY 303	Compulsory	Counseling & Psychotherapeutic Processes	60	20	20	30	20	4	0	2	5

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;
 Q/A – Quiz/Assignment/Attendance, MST Mid Sem Test

Course Educational Objectives (CEOs): The students will be able to:

- Understand the various theoretical orientations to counseling.
- Gain knowledge on approaches like Psychoanalytic, Humanistic, Adlerian, Gestalt, Experiential, Cognitive, Behavioural, Multimodal and Integrative

Course Outcomes (Cos): The students should be able to:

- Understand the various approaches to counseling
- Implement at least three therapeutic techniques in each approach
- Critique various approaches to counseling.

MScAPSY303

Counseling & Psychotherapeutic Processes

Unit I

Psychoanalytic psychotherapy: Introduction to Freud and his personality theory, Therapeutic process, Techniques, Application of techniques and procedures, Therapy with diverse populations.

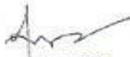
Adlerian psychotherapy: Introduction to Adler and his personality theory, Therapeutic process, Techniques, Application of techniques and procedures, Adlerian therapy with diverse populations

Unit II

Person Centered Psychotherapy: Introduction to Carl Rogers and Rogerian theory of personality; Therapeutic process ; Techniques ; Application of techniques and procedures ;Therapy with diverse populations. Existential therapy: Introduction to Existentialism; Logo therapy - Therapeutic process; Techniques; Application of techniques and procedures; Therapy with diverse populations.

Gestalt Therapy: Introduction to Gestalt therapy; Therapeutic process ;Techniques ; Application of techniques and procedures; Therapy with diverse populations


 Chairperson
 Board of Studies
 Shri Vaishnav Vidyapeeth Vishwavidyalaya
 Indore.


 Joint Registrar
 Shri Vaishnav Vidyapeeth Vishwavidyalaya
 Indore.



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
SVISSHA
M. Sc- Applied Psychology

Unit III

Behavior Therapy: Introduction to behavioral theories ;Behavioral therapeutic process ; Techniques ; Application of behavioral techniques and procedures ;Therapy with diverse populations.
Lazarus Multimodal Approach to Psychotherapy: Introduction to Multimodal Psychotherapy theory ; Therapeutic process; Application of techniques and procedures ;Therapy with diverse populations.
Cognitive Behavior Modification: Donald Meichenbaum's approach to therapy

Unit IV

Cognitive Therapy: Introduction to Albert Ellis Rational Emotive Behavioral (REBT) theory; Therapeutic process ;Techniques; Application of techniques and procedures; REBT with diverse populations.

Unit V

Aaron Beck's Cognitive Therapy: Introduction to Aaron Beck's cognitive theory (CT); therapeutic process; Techniques; Application of techniques and procedures; CT with diverse populations.
Integrative Approach to Psychotherapy: Integration vs. Eclecticism; An introduction to therapy, techniques and applications.

List of Practical:

- Eyesneck's Personality Questionnaire
- Type A/B Behaviour Pattern Scale
- Scale For Introversion- Extraversion
- Sentence Completion Test
- 16PF
- Thematic Apperception Test

Recommended Readings

- Corey, G. (2008). **Theory and Practice of Counselling and Psychotherapy** (8th Ed.) Canada: Brookes/Cole.
- Corey, G. (2008). **Student Manual For Theory And Practice Of Counselling And Psychotherapy** (8th ed.). CA: Brooks/Cole.
- Gilland, B.E., & James, R.K. (1998). **Theories and Strategies in Counselling and Psychotherapy**. Singapore: Allyn and Bacon.
- Sheldon J. Korchin. (2004).**Modern Clinical Psychology: Principles of Intervention in the Clinical and Community**. Paperback
- Rickey L. George, & S. Cristiani. (1994). **Counseling: Theory and Practice**. (4th Ed.) Pearson.



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
SVISSHA
M. Sc- Applied Psychology

SUBJECT CODE	Category	SUBJECT NAME	TEACHING & EVALUATION SCHEME									
			THEORY			PRACTICAL			Th	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*					
MScAPSY 304	Compulsory	Minor Research Project I	0	0	0	60	40	0	0	0	5	

At the end of the semester the students who have opted for an honors degree have to submit a minor research project in the subject they wish to obtain an honors degree. The objectives of the course is

- To check the ability of students in terms of their writing
- To identify the problems of students' in developing their writing
- skills
- To gather the opinion of the teachers on their students' writing performance
- To improve the writing skills of students' by suggesting some remedial measures


Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth Vishwavidyalaya
Indore.


Joint Registrar
Shri Vaishnav Vidyapeeth Vishwavidyalaya
Indore.



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore

SVISSHA

M. Sc- Applied Psychology

MBAI301C HUMAN VALUES AND PROFESSIONAL ETHICS

SUBJECT CODE	SUBJECT NAME	TEACHING & EVALUATION SCHEME								
		THEORY			PRACTICAL		L	T	P	CREDITS
		END SEM University Exam	Two Term Exam	Teachers Assessment *	END SEM University Exam	Teachers Assessment *				
MBAI301C	Human Values and Professional Ethics	60	20	20	-	-	4	-	-	4

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;

***Teacher Assessment** shall be based on following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

Course Objectives

The objective of the course is to disseminate the theory and practice of moral code of conduct and familiarize the students with the concepts of “right” and “good” in individual, social and professional context.

Course Outcomes

1. Help the learners to determine what action or life is best to do or live.
2. Right conduct and good life.
3. To equip students with understanding of the ethical philosophies, principles, models that directly and indirectly affect business.

COURSE CONTENTS

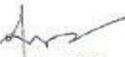
Unit I: Human Value

1. Type of Values –competent
2. Instrumental, terminal
3. Extrinsic & intrinsic values; Hierarchy of values; Dysfunctionality of values
4. Basis of values: Philosophical, Psychological and socio-cultural

Unit II: Theories of Value Development

1. Psycho-analytic
2. Learning theory –social leaning
3. Models of Value Development
4. Value Analysis
5. Inquiry
6. Social Action


Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth Vishwavidyalaya
Indore.


Joint Registrar
Shri Vaishnav Vidyapeeth Vishwavidyalaya
Indore.



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore

SVISSHA

M. Sc- Applied Psychology

Unit III: Professional Ethics

1. Meaning
2. Objectives
3. Sources of Ethics
4. Ethics V/s Morals and Values
5. Ethico-Moral Action
6. Theories of Ethics, Codes of Ethics

Unit IV: Human Behavior – Indian Thoughts

1. Guna Theory
2. Sanskara Theory
3. Karma Theory
4. Nishkama Karma Yoga and Professionalism

Unit V: Globalization and Ethics

1. Impact of globalization on Indian corporate and social culture
2. Corporate Citizenship
3. Environmental Protection
4. Social Welfare and Community Development Activities

Suggested Readings

1. Beteille, Andre (1991). *Society and Politics in India*. New Jersey: Athlone Press
2. Chakraborty, S. K. (1999). *Values and Ethics for Organizations*. Oxford University Press
3. Fernando, A.C. (2009). *Business Ethics - An Indian Perspective*. India: Pearson Education, India
4. Fleddermann, Charles D. (2012). *Engineering Ethics*. New Jersey: Pearson Education / Prentice Hall.
5. Boatright, John R (2012). *Ethics and the Conduct of Business*. New Delhi: Pearson Education.
6. Crane, Andrew and Matten, Dirk (2015). *Business ethics*. New York. : Oxford University Press Inc.
7. Murthy, C.S.V. (2016). *Business Ethics – Text and Cases*. Mumbai: Himalaya Publishing House Pvt. Ltd.
8. Naagrajan, R.R (2016). *Professional Ethics and Human Values*. New Delhi: New Age International Publications.



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
SVISSHA
M. Sc- Applied Psychology

SUBJECT CODE	CATEGORY	SUBJECT NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		Th	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MScAPSY 306	Compulsory	Comprehensive Viva Voce	0	0	0	100	0	0	0	5	

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;
Q/A – Quiz/Assignment/Attendance, MST Mid Sem Test

MScAPSY306
Comprehensive Viva Voce

Viva voce will be conducted towards the end of the semester which will be covering the complete syllabus. This will test the student's learning and understanding during the course of their post graduate programme. In doing so, the main objective of this course is to prepare the students to face interview both at the academic and the industrial sector.

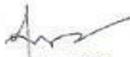
Course Educational Objectives (CEOs):-The students will be able to:

- Apply theoretical concepts in real life situations
- Manage resources, work under deadlines, identify and carry out specific goal oriented tasks
- Acquire speaking skills and capabilities to demonstrate the subject knowledge.

Course Outcomes (Cos): The students should be able to:

- Exhibit the strength and grip on the fundamentals of the subjects studied during the semester
- Comprehend for all the courses studied in the entire programme


Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth Vishwavidyalaya
Indore.


Joint Registrar
Shri Vaishnav Vidyapeeth Vishwavidyalaya
Indore.



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
SVISSHA
M. Sc- Applied Psychology

SUBJECT CODE	CATEGORY	SUBJECT NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		Th	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MScAPSY401	Compulsory	Neuropsychological Rehabilitation	60	20	20	0	0	4	1	0	5

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit; Q/A – Quiz/Assignment/Attendance, MST Mid Sem Test.

Course Educational Objective (CEOs): The students will be able to:

- Gain an understanding of the roles and functions of health psychologists;
- Understand environmental, psychological, and behavioral factors related to immune functioning, pain, illness and health;
- Understand the interdisciplinary bio psycho social approach to health;
- Appreciate the role of prevention and comprehensive lifestyle change, especially with regard to exercise, diet, and stress management.

Course Outcome (Cos): The students should be able to:

The Course will help to understand realistic impact of a changing healthcare environment and evolving role of Clinical Psychology as a healthcare specialty.

MScAPSY401

Neuropsychological Rehabilitation

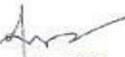
Unit I

Neuropsychological Rehabilitation: Historical antecedents and approaches. Types of brain injury, Methods of localization of cognitive functions in the Brain.

Unit II

Lobular syndromes: Frontal, Parietal, Occipital, Temporal Lobe syndromes.


Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth Vishwavidyalaya
Indore.


Joint Registrar
Shri Vaishnav Vidyapeeth Vishwavidyalaya
Indore.



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
SVISSHA
M. Sc- Applied Psychology

Unit III

Neuropsychological assessment and syndrome analysis and Rehabilitation in Minimal brain Dysfunction. Epilepsy.

Unit IV

Mental Retardation and Learning Disabilities, Aphasias, Apaxias, and Agnosias.

Unit V

Plasticity and Restoration of Brain Function, Mind and Brain Relationship Computer assisted neuropsychological rehabilitation and training

Recommended Readings

- Taylor, S (2015). (9th edition). **Health Psychology**. NY: McGraw-Hill.
- Davis, M. Eshelman, E, & McKay, M. (2008). **The Relaxation and Stress Reduction Workbook** (6th Edition). Oakland, CA: New Harbinger.
- Boller, F. & Grafman, J, (1988) **Handbook of neuropsychology**. New York: Elsevier.
- Kolb, B., & Ian, Q. W. (1990) **Fundamental of neuropsychology**. New York: Freeman.
- Mukundan, C. R. (2007) **Brain experience; The experiential perspectives of the Brain**. New Delhi: Atlantic
- Publisher's.
- Ponsford, J. (Ed.) (2004). **Cognitive and Behavioural Rehabilitation**. New York: Guilford.



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
SVISSHA
M. Sc- Applied Psychology

SUBJECT CODE	CATEGORY	SUBJECT NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		Th	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MScAPSY 402	Compulsory	Forensic Psychology	60	20	20	30	20	4	0	2	5

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;
 Q/A – Quiz/Assignment/Attendance, MST Mid Sem Test.

Course Educational Objectives (CEOs): The students will be able to :

- Evaluate assessment procedures and recommend appropriate alternatives when necessary.
- Understand and appreciate the influence of personal beliefs, emotion, and cultural differences on the use and interpretation of assessment data.

Course Outcomes (COs): The student should be able to :

- Demonstrate historical development of Forensic Psychology
- Understand Legal Aspects of Forensic Psychology.
- Assessment & evaluation in Forensic Psychology
- Understand Impact of crimes on victims

MscAPSY402
Forensic Psychology

Unit I

Introduction and overview of Forensic Psychology, Nature, definition, scope, and history of Forensic Psychology. Professional training and education in forensic psychology, Forensic psychology in India, Ethical & legal issues in forensic practice.

Unit II

The victim, Victimization, Impact of crimes on victims, Factors affecting for victimization coping with victimization.

Unit III

Psychology and court room: Types of Court and role of psychologists – criminal, juvenile, civil & family court, Understanding court process and punishment, Effect of attorney, Judges, Jurors & Defenders. The Psychologists as an expert witness.

Unit IV

Crime scene and investigation, Investigative interviewing: Interviewing vulnerable witnesses, Interviewing suspects, Facet – meta theory. Neurobiological forensic testing and investigation.

Unit V


 Chairperson
 Board of Studies
 Shri Vaishnav Vidyapeeth Vishwavidyalaya
 Indore.


 Joint Registrar
 Shri Vaishnav Vidyapeeth Vishwavidyalaya
 Indore.



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
SVISSHA
M. Sc- Applied Psychology

Assessment & evaluation in forensic psychology: Forensic methods in detection of crime –forensic methods of distortion in eye & ear witnesses. Competence to stand trial and use of psychological tests, Forensic aspects of memory & recall in children, adolescents and adults. Polygraph, plethysmograph testing, Forensic assessment & treatment of sexual offenders & their victims.

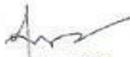
List of Practical:

- Evolution of victimization in heinous Crime
- Evolution of victimization in Mass Disaster
- Personality Test
- Memory Test
- Case Study

Recommended Readings:

- Bharti, A (**Studies on Criminological Psychology**. New Delhi: G.S. Rawat for Ceber Tech Publications.
- Gregory, R.J. (2005).**Psychological Testing** (4th ed.). Delhi: Pearson education Pte.Ltd.
- Suryanarayana, N.V.S, Himabindu Goteti, Neelima V. (2011). **Cyber Psychology**.New Delhi: Sonali Publications
- Thou, Teisi (2011). **Forensic Psychology**. Jaipur: ABD Publishers
- Veereshwar, P. (2002). **Indian Systems of Psychotherapy**. Delhi: Kalpaz publications.
- Verma, L. (1990).**The management of children with emotional and behavioral difficulties**. London: Routledg


Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth Vishwavidyalaya
Indore.


Joint Registrar
Shri Vaishnav Vidyapeeth Vishwavidyalaya
Indore.



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
SVISSHA
M. Sc- Applied Psychology

SUBJECT CODE	CATEGORY	SUBJECT NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		Th	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment *	END SEM University Exam	Teachers Assessment *				
MScAPSY 403	Compulsory	Psychology of Happiness & Peace	60	20	20	0	0	3	1	0	4

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;
 Q/A – Quiz/Assignment/Attendance, MST Mid Sem Test.

Course Educational Objective (CEOs): The students will be able to:

- Bring an experience marked by preponderance of positive emotions and informing them about emerging paradigm of Positive Psychology.
- Inform students about the efforts to develop sustainable societies through prevention of destruction, conflict and violence.

Course Outcomes (Cos): The students should be able to:

- Build relevant competencies for experiencing and sharing happiness as lived experience and its implications.
- Help students develop a sense of empowerment for individual to promote peace related values
- Disseminate perspectives to build culture of peace and harmony in community life.

MScAPSY403
Psychology of Happiness & Peace

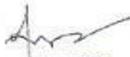
Unit I

Introduction to Psychology of happiness and well being, scope and paradigmatic challenges, Positive emotions and its influences: Resilience, flow, happiness, gratitude and forgiveness.

Unit II

Values and conflict management: Integrative and distributive approach to values conflict, Negative Emotions: Shame, guilt, Embarrassment and Anger.


 Chairperson
 Board of Studies
 Shri Vaishnav Vidyapeeth Vishwavidyalaya
 Indore.


 Joint Registrar
 Shri Vaishnav Vidyapeeth Vishwavidyalaya
 Indore.



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
SVISSHA
M. Sc- Applied Psychology

Unit III

Peace and nonviolence; perspective from Gandhi, and Martin Luther king, Values of non-cooperation and Indian Experience.

Unit IV

Psychology of Specific Conflicts and Peace efforts, war Ethics and Geneva Convention, Role of organizations in promoting Peace; accounts and challenges

Unit V

Life, Peace and Culture: Role of Peace education, Collaboration, humility and social values in Promoting peace in individual and social living.

Recommended Readings

- Baumgardner, S.R. & Crothers, M.K. (2009). **Positive Psychology**. New Delhi: Pearson Education
- Blumberg, H.H. , Hare, A.P., & Costin, A. (2006). **Peace Psychology: A comprehensive introduction**. Cambridge. University Press.
- Carr, A. (2004). Positive Psychology. **The Science of Happiness and Human Strengths**. London: Routledge.
- Cheistie, D.J. Wagner, R.V. & Winter, D.D. (2001) **Peace Conflict and Violence: Peace Psychology for the 21st Century**. Saddle River, N.J.: Prentice Hall
- Hardit, J. (2006). **Happiness Hypothesis**. Basic Books.
- Macnare, R. M. (2008). **The Psychology of Peace: An Introduction**, Loyola Press.
- Martin E. P. Seligman. (2004). **Authentic Happiness: Using the New Positive Psychology to Realize Your Potential for Lasting Fulfillment**. Atria Books
- Snyder, C.R.& Lopez. S. (2007). **Positive Psychology: The scientific and Practical explorations of Human Strengths**. Sage Publications
- Snyder, C.R.& Lopez. S. (2007). **Handbook of Positive Psychology**. Oxford Publications.
- Vohra,S.S., (2006) **Value Inculcation: A Path to happiness**. New Delhi: Icon Publications Pvt. Ltd.



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
SVISSHA
M. Sc- Applied Psychology

SUBJECT CODE	Category	SUBJECT NAME	TEACHING & EVALUATION SCHEME									
			THEORY			PRACTICAL			Th	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*					
MScAPSY 404	Compulsory	Major Research Project I	0	0	0	60	40	0	0	0	5	

At the end of the semester the students who have opted for an honors degree have to submit a minor research project in the subject they wish to obtain an honors degree. The objectives of the course is

- To check the ability of students in terms of their writing
- To identify the problems of students' in developing their writing skills
- To gather the opinion of the teachers on their students' writing performance
- To improve the writing skills of students' by suggesting some remedial measures


Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth Vishwavidyalaya
Indore.


Joint Registrar
Shri Vaishnav Vidyapeeth Vishwavidyalaya
Indore.



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
SVISSHA
M. Sc- Applied Psychology

SUBJECT CODE	CATEGORY	SUBJECT NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		Th	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MScAPSY 405	Compulsory	Seminar	0	0	0	60	40	0	0	8	4

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;
Q/A – Quiz/Assignment/Attendance, MST Mid Sem Test.

MScAPSY405
Seminar

It is also important to understand that effective presentation skills are not solely for the fortunate few who are naturally good communicators but that effective presentation skill can be developed in anyone and that we all have the ability to learn how to become highly effective presenters.

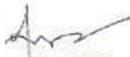
Course Educational Objectives (CEOs): The students will be able to:

- Create a clear message
- Deliver your message effectively
- Fully engage with your audience.

Course Outcomes (Cos): The student should be able to

- Developing body Language
- Enhancing speaking Skills


Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth Vishwavidyalaya
Indore.


Joint Registrar
Shri Vaishnav Vidyapeeth Vishwavidyalaya
Indore.



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
SVISSHA
M. Sc- Applied Psychology

SUBJECT CODE	CATEGOR Y	SUBJECT NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		T h	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MScAPSY 406	Compulsory	Comprehensive Viva Voce	0	0	0	100	0	0	0	5	

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;
Q/A – Quiz/Assignment/Attendance, MST Mid Sem Test

MScAPSY406
Comprehensive Viva Voce

Viva voce will be conducted towards the end of the semester which will be covering the complete syllabus. This will test the student's learning and understanding during the course of their post graduate programme. In doing so, the main objective of this course is to prepare the students to face interview both at the academic and the industrial sector.

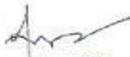
Course Educational Objectives (CEOs):-The students will be able to:

- To provide an opportunity for students to apply theoretical concepts in real life situations
- To enable students to manage resources, work under deadlines, identify and carry out specific goal oriented tasks
- The Paper will help to acquire speaking skills and capabilities to demonstrate the subject knowledge.

Course Outcomes (Cos): The students should be able to:

- Exhibit the strength and grip on the fundamentals of the subjects studied during the semester
- Comprehend for all the courses studied in the entire programme


Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth Vishwavidyalaya
Indore.


Joint Registrar
Shri Vaishnav Vidyapeeth Vishwavidyalaya
Indore.