



SHRI VAISHNAV VIDHYAPEETH VISHVA VIDHYALAYA, INDORE

GENERIC ELECTIVE COURSE

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME										
			THEORY				PRACTICAL			L	T	P	CREDITS
			END SEM	University Exam	Two Term Exam	Teachers Assessment	END SEM	University Exam	Teachers Assessment				
FSU201	GE	Drug of abuse	60	20	20	00	00	3	0	0	3		

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit.

***Teacher Assessment** shall be based following components: Quiz/Assignment/Project/Participation in Class, given that no component shall exceed more than 10 marks.

Course Objectives: The course aims to provide the students with

- The differences among drug abuse, drug dependence, drug addiction and drug tolerance
- The various types of Drug of abuse
- The causes and repercussion of Drug of abuse
- The management and prevention of Drug of abuse

Course Outcomes: After studying this course, the students will

- Understand the concept of Drug abuse..
- Develop the knowledge of various types of Drug abuse
- Understand the major causes and consequences of drug abuse on individuals, family etc.
- Familiar to the management, prevention and controlling of drug abuse.

UNIT-I

Concept and Overview

Definition, constitutes of drug abuse, Prevalence of menace of Drug Abuse, Drug dependence (Physical and Psychological), Drug addiction, Drug tolerance.

Nature of the Problem

Vulnerable Age Groups, Signs and symptoms of Drug Abuse (Physical indicators, Academic indicators, Behavioral and Psychological indicators)

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UNIT-II

Types of Drug of abuse

Stimulants: Amphetamines, Cocaine, Nicotine **Depressants:** Alcohol, Barbiturates- Nembutal, Seconal, Phenobarbital Benzodiazepines –Diazepam, Alprazolam, Flunitrazepam **Narcotics:** Opium, morphine, heroin **Hallucinogens:** Cannabis & derivatives (marijuana, hashish, hash oil).

UNIT- III

Causes of Drug Abuse

Physiological, Psychological, Sociological

Consequences of Drug Abuse

Individual : Education, Employment, Income; **Family :** Violence.; **Society :** Crime. ; **Nation :** Law and Order problem.

Unit-IV

Management of Drug Abuse

Medical Management : Medication for treatment and to reduce withdrawal effects, Drug De-addiction clinics, Relapse management.

Psychiatric Management: Counseling, Behavioral and Cognitive therapy.

Social Management: Family, Group therapy and Environmental Intervention.

Unit-V

Prevention and Controlling of Drug of abuse

Social Efforts for Prevention of Drug Abuse:

Role of Family and Social Institutions (Parent child relationship, Family support, Supervision, Shaping values, Active Scrutiny; School Counselling, Teacher as role-model. ParentTeacher-Health Professional Coordination, Random testing on students.

Media (Restraint on advertisements of drugs, advertisements on bad effects of drugs, Publicity and media, Campaigns against drug abuse, Educational and awareness program

Legislation: NDPs act, Statutory warnings, Policing of Borders, Checking Supply/Smuggling of Drugs, Strict enforcement of laws, Time bound trials.

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Suggested Readings:

1. Randhawa, J.K. and Randhawa, Samreet 2018. Drug Abuse-Management and Prevention. Kasturi Lal & Sons, Educational Publishers, Amritsar- Jalandhar
2. Sain, Bhim 1991, Drug Addiction Alcoholism, Smoking obscenity New Delhi: Mittal Publications.
3. Kapoor.T. 1985, Drug Epidemic among Indian Youth, New Delhi: Mittal Pub
4. Modi, Ishwar and Modi, Shalini 1997, Drugs: Addiction and Prevention,Jaipur: Rawat Publication.
5. Ahuja, Ram,2003,Social Problems in India, Rawat Publications: Jaipur
6. National Household Survey of Alcohol and Drug Abuse. New Delhi, Clinical Epidemiological Unit, All India Institute of Medical Sciences, 2004.
7. World Drug Report 2011, United Nations Office of Drug and Crime.
8. World Drug Report 2010, United Nations Office of Drug and Crime.
9. Extent, Pattern and Trend of Drug Use in India, Ministry of Social Justice and Empowerment, Government of India, 2004.
10. The Narcotic Drugs and Psychotropic Substances Act, 1985, (New Delhi: Universal, 2012)

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